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The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

HAPPY HOLIDAYS AND A HEALTHY NEW YEAR

December 2021

A Sparkling Eve

By: Laura B. | Hot Springs, Ark.

It was her first sober New Year's Eve and all she wanted was a nice night out with her husband.

I'd been sober in AA for six months now, and this was my first New Year's Eve not drinking. I was spending it with my husband, who doesn't drink and never has. He'd put up with me and my wine drinking for a long time. He never understood why I couldn't just have a glass or two of wine and then put the bottle away. I didn't know how to stop. It had become apparent to both of us that my drinking was causing strife and might cause us to break our commitment to each another.



I really wanted to stop drinking. But every time I stopped, I'd relapse after three or four months. I did not have a good track record. For some reason though, the third time was the charm, as they say. My husband became much more supportive and encouraging. He was proud of me. I began to feel good about my life and about myself.

This night was going to be the best New Year's Eve ever because I was finally sober. I had on a new dress. I felt like a queen on the arm of my king. My husband and I had early dinner reservations at one of the city's nicest restaurants. I wanted to be there before the serious drinkers arrived.

The restaurant was far from full when we got there, but they sat us in the bar. There were no other table choices unless we wanted to wait. In the bar, I watched elegantly dressed women drinking wine out of graceful, delicate wine glasses. I decided I wanted sparkling water in one of those lovely glasses, with a lime and a cherry. I'm an artist and for me, food tastes better out of bone china than on a plastic plate. It just does. When the server arrived to take our drink order I said, "I'd like some sparkling water"

"Sorry. We don't have sparkling water," the server said. "Do you have club soda?" I asked. "Yes," she replied. Then I said, "May I have a club soda, no ice, with a garnish of lime and a cherry? In a wine glass like the ladies at the bar?"

"I'm sorry, ma'am," the server said shaking her head. "The wine glasses are reserved for wine drinkers tonight." Things got silent. "Surely you can find a wine glass for me," I said, intending to tell her that this was my first sober New Year's Eve.

Just then, my husband put his arm around me and gently interrupted. "We will buy the g-damn glass," he said calmly. The server looked at him, then looked at me and nodded. She brought my beautiful glass full of ice-cold club soda with no ice and the garnish requested. She refilled my glass during our meal. Sparkling club soda really tasted better to me than fine champagne, which had been my poison of choice for New Year's Eve.

As I drank my club soda, I paid close attention to even the small details. The bubbles, the temperature, the glass, the garnish…my husband's blue eyes, pride, our private conversation, the moment, living one day at a time.

I told this story about my husband and our dinner to my sister. "He's a keeper," she said.

Did I keep the glass as a souvenir? No. The restaurant did not charge us for the glass nor for the club soda. We also decided that keeping the glass would not enhance the wonderful memory of our night. The server got a nice big tip, by the way. Happy New Year!

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Visit our website at: www.aamilwaukee.com

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December 2008

Y.E.S.: Diving In Headfirst

By: Adam H. | New York, New York

The fun of drinking never resurfaced

At the age of twenty-one, when it was finally legal for me to drink in the United States, the last place I ever wanted to end up in was Alcoholics Anonymous, and the last thing I ever wanted to do at 7:30 in the morning was sit in an AA meeting with my mother, listing to a bunch of old geezers talk about how great sobriety is. Nevertheless, there I was at 7:30 A.M. at my mother's home group, muttering that awful sentence: "My name is Adam, and I am an alcoholic."

I felt this was by far the meanest trick God had ever played on me. Still, I knew I had to be there. Only four short years after taking my first drink, I had really lost control. I was burning my life to the ground, and I did not know how to stop.

Like many with an alcoholic parent, I believed insistently that it would never happen to me; I was very sure of it. My mother had joined AA when I was thirteen years old and never drank again. That year I started attending Alateen and Al-Anon meetings regularly, but I never picked up the kit of spiritual tools they laid at my feet.

By the time I was seventeen, I was your classic high school geek. I also had a hair-trigger temper and a real knack for picking and perpetuating fights--skills I had acquired growing up in an alcoholic home and honed despite six years of Al-Anon. It was very typical to find me in detention for slamming a person's head into a locker a few times, and then a few hours later at an Al-Anon meeting talking about loving detachment. I spent a lot of time isolated in my room, inundated in self-hatred.

I was an excellent swimmer, and was recruited by a small college with a good team. At a party for the recruits, I took my first drink, knowing what alcoholism did to families, including mine.

When I downed that beer, people started to cheer. For the first time in my life, I was having fun with people my own age, people I wanted to be like. I felt like I was at one with them and, when you've never felt that way before, it's an amazing experience.

I had developed a plan to bury the study-geek I had been all my life and be a Big Man On Campus. The best way to do that was to drink and tell no one who I really was. I would go on for hours about my cool friends and the wild adventures we'd had. The more I drank, the better the story got.

People figured out that I was a liar, and abruptly stopped hanging out with me. It was devastating. I tried harder to fit in and became an unwelcome party-crasher. I always wound up sulking in the corner, nursing my beer and watching everyone else have fun.

I felt hated by everyone. I turned hostile and became a real sociopath. I had something nasty to say about everybody. I was physically and verbally abusive to my housemates. I would help myself to their beer. When I got caught, I would pick a fight. When they stopped leaving beer for me to steal, I began stealing beer from the apartment next door. I had to drink.

I was spending a lot of time in isolation, wallowing in self-hatred. That was, I believe, the point where I crossed the line into alcoholism.

Friends and family dropped out of my life very rapidly. No matter how loudly or frequently I wailed apologies, they expressed no interest in having a relationship with me. My mother and father were constantly ordering me to leave the house. My girlfriend was beginning to tire of my company and pleaded with my parents to do something for me. They couldn't, nor would I let them. I was beyond any human aid by this point.

I finally hit bottom during my junior year, while I was studying abroad in Japan. At first, Japan was a wonderful experience for me. I lived with a fantastic host family and went to an excellent university with a great swim team. My fluency in Japanese skyrocketed, and I was sure that everything was going to be just fine this time.

But then culture shock set in, and I realized that this time it was not my imagination--everyone really did look, act, and behave different from me. I was incapable of handling my feelings, and I ceased to have sober days for the next nine months. In retrospect, I am grateful that alcohol still worked at this time. Given my aggressive tendencies, I would have been arrested or deported if not for the temporary release alcohol provided. The fun of drinking, however, never resurfaced. I partied with the swim team out there, but that ceased to be fun because I began to throw up a lot. I swore I would control myself the next time, but those promises went out the window the minute someone put a drink before me.

Since it is considered appropriate in Japan to "conveniently forget" when a person behaves inappropriately while drunk, no one ever suggested that I should not drink. I wish they had.

That was the state I was in when I finally got to AA about a month after I came home from Japan. There was finally no getting around the issue: drunk, I was a vomiting pig, and sober, I was a raging maniac. I could not control myself in either of those states. I hated it.

I knew the drinking had to stop, but the person I was without alcohol was worse than the one I was drunk. I finally knew what Step One meant when it talked about being powerless and having an unmanageable life. At that first meeting, I surrendered to alcoholism and turned my will and my life over to the care of AA.

I admitted to a sponsor that I had no idea how to be any different than I had been before and that I really needed help if I was ever going to stop. I received guidance, and, with that guidance, hope.

When my sponsor guided me through the inventory process, it scared me to see how much damage I had caused. However, in the subsequent Steps, he gave me the tools that would become my foundation. In Step Five, being honest with God, myself, and another human being relieved me of a huge burden of dishonesty.

Following that, I was challenged with practicing that kind of honesty in all my affairs. My sponsor said that if I would try to do that on a daily basis, I would never have to feel the unworthiness and shame of being a liar and a thief. He also assured me that if I practiced restraint of tongue and pen, I would learn something about human relations beyond, "When in doubt, attack."

Naturally, I did not do this perfectly, but I always got a chance to do things differently if I remained sober. In Step Nine, I got to rebuild the bridges I'd burned with my family and my friends.

I really made an effort to change my behavior, regardless of whether I was forgiven, even when the person I'd harmed made it clear to me that he wanted me out of his life. I was still able to walk away with dignity; with the help of my Higher Power and AA's guidance, I could do everything possible not to repeat what I had done to that person. For someone hungry for approval like me, this was such an important thing to learn.

Today, I am comfortable having fun with people my own age. Most of the time my head is not filled with self-hatred. It's remarkable how my attitude has changed over the last eight years.

I walked into AA sure this was the meanest trick God had ever played on me, and today, I know it was the kindest, most precious gift he ever gave me.

December 1990

Mysterious Alchemy

By: Bill M. | Creston, California

"Frankly, B., I don't understand alcoholism. Go to AA." Those were the words of my exasperated psychotherapist, whom I had been seeing for several years in a futile attempt to stop drinking. So miserable was I that it was a struggle just to get to his office for my weekly appointments. The only thing I knew about AA was that there was a lot of talk about God. Whatever God I had once believed in became a casualty of my scientific training. I no longer believed in a personal God. Yet what did I have to lose? I was desperate.

Leaving nothing to chance, my therapist arranged for an AA member to take me to my first meeting. As I walked into the meeting room my companion explained that AA is a spiritual, not religious program. Yet, staring at me from the wall was a poster containing the Twelve Steps, and I noted that half of them contained certain ominous, capitalized words. When the meeting ended with the Lord's Prayer, surely a religious exercise, I thought, my anxiety turned to despair. Sensing this, my companion told me that I could substitute the group for my Higher Power. Those words gave me hope that there was a way out of my misery.

So I went to meetings, listened to people, and read all the literature. But I found in the "Twelve and Twelve" the strong implication that the group-as-Higher-Power is only a temporary expedient, that in time the newcomer must embrace something above and beyond the group. I was convinced this was crossing the line into religion.

Today, after ten years in AA, I am still of that opinion, and I still do not believe in a personal God. When meetings close with the Lord's Prayer, I stand silent. I wince when I hear the words ". . .that probably no human power could have relieved our alcoholism. . . ." For me today, it is precisely a human power that keeps me sober. That power comes in part from all of my wonderful AA friends--certainly a power greater than myself. I sometimes say at meetings, "I don't drink because you people don't want me to."

Is the group my only Higher Power? No, there is more, for I have found something "above and beyond." Far from a vaporous deity, this "something" resides within me. It is a power to which I can "turn it over." It gives a nonbeliever like myself a meaning to prayer and meditation. Oddly, I have known this thing within me long before I came to AA. It comes from many years in my profession as a mathematician.

Whenever I am unable to solve a mathematical problem I have found that if I set it aside until another day, the answer will often come. And it comes seemingly out of nowhere, even when I am not thinking about the problem. Insights come while I'm jogging, standing in the shower, or even enduring a long-winded monologue at an AA meeting! Of course, you don't have to be a scientist to know what I am talking about; we all have sudden bolts out of the blue. After coming into AA I discovered that I could "turn over" such things as resentments, self-pity, and personal decisions, to this mysterious alchemy. I now practice a daily meditation, a time of quiet when I try to turn off all verbal chatter. At such times, answers to my problems often appear. Is this what my AA friends would call God's will for me? Or am I missing something? I've thought a lot about these questions.

Sir Thomas Brown wrote, in 1635: "We carry within us the wonders we seek without us." I believe there is in each of us a creative power, a force for good, an innate genius that is unique to the human species. People like St. Francis, Mozart, and Einstein are extreme examples of that creative force. As a practicing alcoholic I was too engulfed in my own ego to be aware of such a power. I now know it is there if I am willing to listen. This power lies deep in the human mind, and my belief in it is an act of faith, just as my AA friends have a more conventional faith.

Today, chemistry and biology are probing the very foundations of life, and physicists talk of a forthcoming "Theory of Everything." These advances in knowledge are among the wonders wrought by the human mind. But how the mind itself works remains a mystery. As a recovering alcoholic, I prefer it that way.

I have described my own version of spirituality. I don't argue with those who believe in God. I don't proselytize. Some may think my beliefs incomplete, only half the equation. Others may say that what I have found is no different from a belief in a God, that only my language is different. I really don't care. I am comfortable with it, it works for me, and has given me an inner peace that I would never have believed possible. I am grateful to AA for forcing me to find the spiritual meaning of the Steps. The essential ingredient for my wonderful discovery is quiet--a wordless silence. It may be that I have only rediscovered what the Psalmist knew when he wrote: "Be still and know that I am God."

December 1990

The Bridge Back

By: W. H. | New York, New York

Living In the Larger World

One of the workshops I attended at a recent AA convention was called "Hiding Out in AA." I had been praying for relief from old regrets and it turned out that this workshop helped crystallize my thoughts and push back the boundaries of what Bill W. called "emotional sobriety--the last frontier."

My regrets are that I had not started to get involved in our service structure sooner, that I had not made many friends, that my recovery had been very slow--all of this in comparison to the apparent progress of others. Had I been hiding out in AA? The record tells me, no. I had many

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problems when I arrived on the scene, many more than I knew. Perhaps I needed more of AA's healing grace than others. Who knows? One thing I do know is that, thanks to all that "haven" time, I was able to build a solid AA foundation that has served me well over the years.

Here are some of the questions that were asked at the workshop, and some of the responses (my own and others').

Q. It's hard to meet civilians. How do you meet people in the real world?

You just get out there and "act as if." I started learning how to act as if at AA meetings. Just as there are plenty of people at AA meetings interested in talking to me, there are plenty of non-AA people who are interested in talking to me, too. How do I contact them? The same way I contact AA members--by showing up and getting involved. To name a few ways: Join a bowling team or a movie club, go roller-skating regularly, attend church socials, volunteer at the Red Cross or at your child's school (PTA), join a young people's group, or get involved with a community political club.

Q. I always feel so different--not like real people. What can I do to get over that feeling?

I continued to feel different for as long as I acted as if I *was* different. Different, by the way, meant "not as good as"--the same way I felt when I was drinking. I expected special treatment because (poor me!) I was an alcoholic and they weren't. One technique I now use in the company of non-AAs is to try to focus on *them*, what they're talking about, what is going on in their lives, what they stand for. By doing that, I de-emphasize my own shortcoming of self-centeredness, a most necessary step if I'm to get anywhere with myself or with anybody else. Come to think of it, I learned that technique at AA meetings.

Q. What can I do about trusting civilians? I don't trust anybody who is not an AA member.

How easy to identify with that! I trusted nobody. Learning to trust was a gift from the collective sobriety of the AA groups I attended. It was offered whole and shining but I could only accept it piecemeal. By regular attendance at AA meetings I eventually came to realize that the communication I was enjoying with my fellow AAs was based on trust: trust that they wouldn't hurt me; that they would be there when I showed up; that all they wanted was to see me get well. It was happening in spite of myself!

The process is very similar in non-AA settings. The reverse of the medallion of trust is caution, a natural and necessary awareness of where I am, what I am doing there, and who the people are I am dealing with. I keep that coin always at hand, like the gift of sobriety itself, which I keep in a pocket empty of all else, so that it does not get lost among my everyday problems and worries and I always have ready access to it.

Q. When I do meet people outside AA, I don't know what to say to them. What do civilians talk about?

What I continue to find out is that people are people, in or out of AA. They talk about their hobbies, their professional interests, their families. Isn't that exactly what we AAs do? The major difference is that we also talk about recovery from alcoholism. I find that if I can let go of the notion that I must take the leading role in a conversation (perhaps even dominate it), my participation becomes much easier. Whether there are one or several involved, I will often let somebody else take the lead. My experience is that, with practice, this technique works very well.

Q. I feel awkward and out of place with them. How are you supposed to act around civilians?

Be yourself--a simple enough suggestion unless you still don't know who you are. Perhaps the answer is that it might be better to stick very close to AA a while longer, at least until you feel more secure within yourself. It took me a couple of years before I could mix socially with non-AAs and even then I was uneasy. One way I learned how to behave was by watching and listening to the people I was with and even mimicking them. Above all, no rush! Time is on my side. If I don't do a good job of connecting with somebody today, tomorrow is another day. Maybe I'll try again tomorrow.

At the workshop I became very aware of the language we were using. We kept referring to "civilians." I don't want to be hardnosed about it (I remember when we used to call them "earth people"), but if I keep repeating this word, I am drawing a definite line of difference between me and the very world I am trying to rejoin. Shall I continue to emphasize the differences or look for more ways to identify sameness?

I also noted that we kept referring to the "real world," as if to say that the AA world is artificial. One person argued that this was in fact the case, in the sense that AA is a sheltered community where members are protected (at least temporarily) from the harshness of everyday life.

However, as I see it, the ultimate objective of Alcoholics Anonymous is to shelter me, so that I can first pull myself together, and come back to life, then learn to live with myself and my alcoholism, then learn how to live in the larger world. Bill W. spoke of us often with the hope that we would become citizens of the world. One of the things that means to me is that I have a right to be equally at home with both AAs and non-AAs. However, I won't get very far in reaching out to the non-AA community if I don't first see to my own personal healing. First things first!

November 1960

. . .Such Stuff as Dreams Are Made On. . .

By: L. M. | Augusta

IN my dream world of alcoholism I was a person of great and undiscovered talent. I even acknowledged

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to myself that, if I would tell the story of my life in all its stark and tragic reality, I would be the author of one of the truly great American autobiographies.

As my alcoholism got worse and worse, I felt a tremendous urge to escape from life. I wanted to escape from the people who did not understand my sensitive soul. I would weave my dreams--and through all my dreams ran the thread of authorship. If I could just get away and have plenty of time, I knew I could be a successful author.

Now then, the problem was to get away from my wife and two children. Another problem was to leave my business in such capable hands that I would be assured of a steady and satisfactory income. There had to be absolute certainty that I would not run out of funds with which to buy liquor.

I was not particularly worried about food, clothing, or shelter. I had read enough novels about the South Sea Islands to know that I could be a beachcomber. That picture of freedom appealed to me. I could live on coconut milk and taro roots. Palms would furnish my shelter. Clothing would be only the minimum. The fact that I would be some kind of remittance man held no horror as long as I received the monthly check and could buy the liquor. This was almost the perfect dream. The only trouble with it was that I could not figure out how I was going to get to the South Seas. I was mortally afraid of being on an ocean steamship miles away from land.

Another pet dream was Greenwich Village. I was going to disappear. I would take a substantial sum of money with me, go to New York and put the money in a bank. The bank would have instructions not to honor any of my checks over ten dollars. No, better make it twenty dollars. I was going to write in the Village, but live on Skid Row--the Bowery. And I was going to reveal to the world through the medium of words the true meaning of life. Again, it was fear that stymied this dream. In fact, an accumulation of fears: fear of disease and fear of being beaten up and hurt, fear of being jailed or hospitalized. But the greatest fear was what might happen when I reached that mysterious, excited stage of intoxication in which I would not eat or sleep for twenty-four and sometimes as long as seventy-two hours. Just drink. I knew from experience that I would not be able to control the situation when this happened. I knew I would be unable to remember what I had done. I also knew that on these binges I generally spent, gave away or threw away all the money I could get my hands on. I would envision myself going to the bank and countermanding my order limiting withdrawals. Perhaps it would happen on the first drunk, and there I would be broke and sick wondering what had happened.

But the dream that came anywhere close to realization was my favorite one about buying a small insignificant island close to the West Coast of Florida down around Fort Myers. I was tired of psychiatrists, priests, family and friends, all telling me what I should do. I made my arrangements to go on an extended leave of absence. I even told my banker I was leaving the business in my wife's and brother's hands. I told him I was going without any plans--just to get my nerves together and find myself. I did not tell him about the secret dream of buying an island and being able to drink the way I wanted and write when I felt the urge. I did have it expressly understood that I would be gone at least thirty days, maybe three to six months and perhaps permanently. I actually took off and--you've guessed it--in less than four days I was calling the wife on the telephone from Miami, six hundred miles from home, and crying I could not get off of it unless she came down and drove me home!

Isn't it peculiar that I wanted out when I was starting a binge and I wanted in when I was coming off of the stuff?

Another curious thing that I never could resolve when I was spinning these dreams was: who was going to wash my underclothes, socks and shirts? As long as I was drinking, this posed no problem. But, when I came off the binge, I wanted everything about me correct and immaculate. Believe it or not, this was quite a stumbling block in my dreams.

My gratitude to God and to the members of AA is not a dream. My will and my life are turned over to God every morning. Each day I ask Him to show me what He wants me to do and to give me the grace and the strength to do His will. I also ask for work to do in His vineyard, especially His AA vineyard, and for the power to do this work in a manner pleasing to Him.

This is the great mystery of AA: that by merely associating with members of AA I have crowded the futile and frustrating dreams out of my life and have discovered a real way of living that keeps me sober, happy and hopeful!

November 1960

Short Snorts

By: Chit-Chat | Robesonia, Pennsylvania

Who has the most money to spend?" the temperance lecturer cried. "Who drives the biggest car? The saloon keeper! Who has the most fur coats? The saloonkeeper's wife! And who pays for all this? You do, my friends!"

Several days later a man and his wife stopped the lecturer on the street and thanked him for the good advice they'd heard from him.

"I'm glad indeed you've given up drink," said the speaker. "Well, it wasn't that," ventured the man. "We bought ourselves a saloon."

November 1960

By: L. H. | Cleveland, Ohio

A tall, spare man of ascetic appearance walked into a bar with a stiff, accentuated dignity that could come only from over-indulgence. He ordered a "martinus." The barkeep said "What?" Again, the order for a martinus. "You mean martini?" the barkeep asked. The customer drew himself up. "Young man," he said, "when I want more than one I'll say so."

3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc.

Seventh Tradition Checklist

*Use **VENMO** on your smartphone to contribute.*

*Or Contribute using your **Credit Card** from our website.*

MILW. CENTRAL OFFICE

- E-mail us at: dan@aamilwaukee.com

Hours:

M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.

- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings:
Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our CONTRIBUTE button on our website: aamilwaukee.com or use our your VENMO app from your smartphone.

Meeting Space Currently Available

- **DryHootch, 4801 W National Ave.** Space available various time of day and evening. Call Otis W. 414-336-6576
- **Luther Memorial Church,** 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- **St Peter's Episcopal Church,** 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and Al-Anon, $260 three nights. We discuss the 12 steps and related topics.

2026 Weekend Retreats
Jesuit Retreat House,
4800 Fahrnwald Rd.
Oshkosh, WI.
WI 54901,
call 800-962-7330
jesuitretreathouse.org
Men and Women in AA, Al-Anon
Total cost: 4 days $440.00. Send a $75.00 deposit with requests for specific dates to retreat house or call for info.

Granite Hills HOSPITAL

Meeting Space Available to hold a weekly AA meeting that would be open to the public at this facility. We are located at **1706 S. 68th St. West Allis Wisconsin**. We have any evening open, and the times available would be between 3pm-8:00pm. If someone is interested in starting a group in our hospital my contact information is below. We are more than happy to provide coffee and snacks for this meeting.

Dan Gell, Chief Executive Officer: Office: 414-667-4813, Email: daniel.gell@uhsinc.

DISTRICT MEETINGS

COMPLETE DISTRICT INFORMATION ON THE WEB:

https://www.area75.org/page/districtmeetings

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; **2 & 18** Green Lake & Marquette Counties & part of Waushara; **7**. Kenosha; **17.** Racine County ; **8 & 30** Rock County; **9.** Crawford, Grant, Iowa and LaFayette; **19 & 37.** Richland & Sauk; **20, 21 & 26** Dane; **31.** Columbia County; **35.** Green; **37.** Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10.Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, except December at 6:30 p., Grace 242 Church, 249 Main Street, Thiensville, WI 53092.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is 824 0616 9567 the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: 321 751 3275, Passcode: 323232

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

Area 75, Southern WI, Calendar of Events **2026**
Madison Senior Center,
330 W Mifflin St, Madison WI.
9 A.M. to Noon except where noted.

Summer Service Assembly – June 14, at the Madison Senior Center

Pre-Conference Assembly – September 14, at the Madison Senior Center

Area 75 Fall Conference – November 6-8, at Ingleside Hotel, Pewaukee, WI

CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Area corrections facilities. Contact Fred K. , Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mccccoordinator@gmail.com

- **TAYCHEEDAH CORRECTIONAL,** Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION,** Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM,** RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORAINE CORRECTIONAL**., Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mccccoordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mccccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES YOU MAY SOMEDAY WANT TO KNOW!

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- Area 75 Treasurer: 6580 Monona Drive #1040, Monona, WI 53716
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 Corrections@area75.org, Bridging the Gap/Treatment@area75.org or mail: 6580 Monona Drive #1062, Monona, WI 53716
- Area 75 Accessibilities Chairperson: accessibilities@area75.org
- Southern Wisconsin Deaf Access Committee : Email: milwareadeafaccess@gmail.com;

MEETING ROOMS

NEW DAY CLUB
11936 N. Port Washington Rd
Mequon, (262) 241-4673
www.newdayclub.org
A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic
11:00 a. Topic
5:00 p. Young People
7:30 p. Topic
Mon.12:30 p. Tenth Step Gp
5:30 p. More about Alcoholism
8:15 p. Men's Gp
Tue. 10:00 a. Topic
5:30 p. Big Book
8:00 p. Big Book Gp
Wed.10:00 a. Topic
2:00 p. Promises Meeting
5:30 p. Step Meeting
7:00 p. Women's Lifeline
Thr. 10:00 a. Topic Meeting
1:00 p. Women's AA Gp
5:30 p. Topic Meeting
Fri. 10:00 a. Topic Meeting
5:30 p. Step/Tradition
Sat. 10:00 a. Step Meeting
5:00 p. Fellowship of Spirit
7:00 p. Feelings
10:00 p. Young People
7:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS
Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon
Contact club for information on other fellowships.

PASS IT ON CLUB
6229 W. Forest Home Ave
Milwaukee WI (414) 541-6923
www.passitonclub.com
A.A. MEETING SCHEDULE
Sun. 8:00 a. Sun. Wake Up
9:30 a. Reliance Meeting
11:00 a. Today' choice
3:00 p. Gratitude Plus
7:00 p. Big Book Readers
Mon 7:30 a. Jump Start
10:30 a. First Step
4:00 p. Happy Hour Step Gp.
7:00 p. Open IntroductoryAA
Tue. 7:30 a. Comin'Back Gp
10:30 a. Keep It Simple
4:00 p. Drop the Rock
6:00 p. Key To Sobriety Women's
7:30 p.Three Legacies
7:30 p. Double Trouble DD/O
Wed. 7:30 a. Big Book Study
10:30 a. Pass It On
4:00 p. Happy Hr Promises
6:00 p. Courage to Change
7:00 p. We, Us & Ours
Thr. 7:30 a. Welcome Back Gp
10:30 a. Made Decision
5:15 p. As Bill Sees It
7:00 p. Gateway Topic Gp
Fri. 7:30 a. Honesty Gp.
10:30 a. Came To Believe
6:00 p. Women's Fri. Kickoff
6:30 p. Thoughts 4 Today
8:00 p. Broken Arrow
Sat. 8:30 a. Early Bird
10:30 a. Happy Joyous Free
7:00 p. Viajeros Wisconsin lower level
7:00 p. 5 Conceptos upstairs
8:00 p. Back to Basics 12x12

LAKE AREA CLUB
N60 W 35878 Lake Dr
Oconomowoc, WI
(262) 567-9912
www.lakeareaclub.com
A.A. MEETING SCHEDULE
Sun. 8:00 a. Early Bird
9:30 a. Literature Meeting
11:00 a. Friendship Gp
6:00 p. Big Book
8:00 p. Gopher Sunday
Mon. 9:00 a. Positive Attitude
6:30 p. Otter Gp
8:00 p. Step/Tradition Study
Tue. 1:00 p.
4:00 p.
7:00 p. Life House Beginners
Wed. 8:00 a.
10:00 a. Back To Basics
2:00 p. Women's Meeting
6:00 p.
8:00 p.
Thr. 10:00 a.
4:00 p.
5:00 p. Woman's Way 12 Steps
6:00 p. Hybrid Meditation Mtng
Zoom ID: 89239303536, PW: 999525
8:00 p. Grapevine Mtng
Fri. 12:30 p.
4:00 p.
8:00 p. Old School House
Sat. 10:00 a. Big Book
OPEN AA/Al-Anon SPEAKER MEETING
Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)

AL-ANON MEETINGS
Mon. 7:00 p. Al-Anon
Tue. 9:00 a. Al-Anon
Wed. 7:00 p. Al-Anon & Alateen

WAUKESHA ALANO CLUB
318 W. Broadway
Waukesha, WI, 262-549-6541
http://alanoclubofwaukesha.com/
(IP)=In-person,
Sun. 9:30 a. Sun Morn Sunlight (IP)
11:00 a. Sun Go-To-Mtng (IP)
Mon. 12:00 p. (IP)
6:00 p. Beginners AA (IP)
7:00 p. (12 & 12) (IP)
Tue.
Wed. 12:00 p. Wed Nooners (IP)
5:30 p. Topic Gp (IP)
Thr. 12:00 p. Nooners (IP)
Fri. 12:00 p. T.G.I.F. Gp (IP)
Sat. 6:00 a. Early Morning (IP)
10:00 a. Gp 124 (IP)

OPEN MEETINGS,
DANCES & EVENTS
Call for information.

GALANO CLUB
- LGBT & All in Recovery -
7210 W Greenfield Ave LL
Milwaukee, WI 53214,414-276-6936
http://www.galanoclub.org/
galanoclub@gmail.com

(V)=Virtual, (IP)=In-person, (V & IP)=Both
In Person and Phone Meet-ings Phone/Video AA Meetings, Call (978) 990-5195
Meeting Id: galano7210
Code: 1919178#

Sunday: (V & IP)
10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video)
10:30 a.m. - Al-Anon -Papillion Group.

Sunday: (V & IP)
4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/phone/video) **4th Sunday is Open Mtng.**

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

Tuesday: (V & IP)
6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP)
7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP)
10:30 a.m. AA Step & Topic

NORTHWEST AREA ALANO ASSOCIATION*
N88 W17658 Christman Rd
Menomonee Falls WI
53051 (No Phone)
Room 202
A.A. MEETING SCHEDULE
(V)=Virtual, (IP)=In-person, (V & IP)=Both
Sun. 10:00 a. Big Book Rm 202
7:00 p. Sun Night Gp Rm 202
Mon. 7:00 p. Just Do It Gp Rm 202
Tue. 10:00 a. Step
8:00 p. Topic
Wed. 7:00 p. Step/Topic
Thr. 10:00 a. Step
6:00 p. Women's
Fri. 8:00 p. Step/Topic (V & IP)
Sat. 10:00 a. Sat Serenity Gp
7:00 p. Simply Sober Gp Rm 202

AL-ANON MEETINGS
Wed. 7:00 p. Al-Anon
Fri. 7:30 p. Al-Anon

*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

WALWORTH COUNTY ALANO CLUB
611 Walworth St.
(Hwy. 50 & 11)
Delavan, WI 53115,
(262) 740-1888

Sunday AA
10:00 a. Primitive Group
12:00 p. Open Speakers
6:30 p. Delavan Discussion
Monday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Step Meeting
6:30 p. Delavan Meeting
Tuesday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan 12 Step Topic
Wednesday AA
7:30 a. Sunny Side Up
12:00 p. As Bill Sees It Gp.
6:30 p. Delavan IT Meeting
Thursday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Big Book Gp.
Friday AA
7:30 a. Sunny Side Up
12:00 p. Big Book Study
6:30 p. Delavan Discussion
Saturday AA
7:30 a. Sunny Side Up
12:00 p. Delavan Noon Gp.
6:30 p. Delavan Beginners Gp.

ALANO CLUB
1521 N. Prospect Ave.,
Milwaukee, WI, 53202
(414) 278-9102
http://www.mkealanoclub.org/
A.A. MEETING SCHEDULE
Sun. 7:00 a. AA Express Mtng
7:45 a. AA Big Book/Discussion
10:00 a. Gp 17 Step
Mon. 7:00 a. Early Morning
10:30 a. Gp 72 Topic
12:15 p. Gp 76 Lunch Bunch
6:30 p. Gp 40 Big Book
Tue. 7:00 a. As Bill Sees It,
10:30 a. Gp 70 Step
12:15 p. Gp 76 Lunch Bunch
5:45 p. Step Tue 5:45 Group
7:00 p. Beginner's Meeting
Wed. 7:00 a. AA
10:30 a. Gp 9, Step
12:15 p. Gp 76 Lunch Bunch
6:00 p. Chicks at Six Gp, women, Child Care available
7:30 p. We Agnostics
Thr. 7:00 a. Thr Express Mtng
10:30 a. Gp 97, Step
12:15 p. Gp 76 Lunch Bunch
7:00 p. AA (LGBT)
Fri. 7:00 a. Daily Reflections
10:30 a. Gp 21, Step
12:15 p. Gp 76 Lunch Bunch
6:30 p. Here & Now Friendly Gp
7:30 p. Men's Zoom Mtng.
12:15 am. Second Shifters (Sat.)
Sat. 7:00 a. AA Meeting
11:00 a. Gp 87 Step
7:30 p. Open AA Speaker
AL-ANON MEETING
Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB
8930 W. National Ave,
West Allis, (414) 543-2448
mailto: howtoclub8930@yahoo.com
https://www.howtoclub.org
Hours: 9am to 9pm daily.
Sun. 8:00 a. Eye Opener AA Gp.
10:00 a. Grass Roots (Steps)
4:30 p. Drop the Rock 6/7 Step
6:00 p. Restore Us To Sanity
7:30 p. Sun. Sober & Serene
Mon. 11:00 a. Winner's Circle
5:45 p. Gp 132, Women's Gp
7:00 p. Big Book Gp.
8:00 p. New Hope Gp.
10:30 P. What's the Point Gp.
Tue. 11:00 a. Willingness Group
6:00 p. Tue Topic 6pm Gp
8:00 p. New Hope Meeting
Wed.10:00 a. Foundations Meeting
6:00 p. AA Beginners Gp.
7:00 p. Women's Freedom
8:00 p. Promises Group
10:00 P. After Hours Group
Thr. 10:00 a. But For Grace Of God
6:00 p. Here and Now
8:00 p. How To Get It Going
Fri. 6:00 a. Early Risers Big Book
11:00 a. Priority Group
6:00 p. Big Book Friday
8:00 p. R.U.S. For Us
11:00 p. Candlelight Promises
Sat. 9:15 a. Men's Topic
11:00 a. Pioneers Group
3:00 p. Spiritual Growth
6:00 p. 1st & 12 Topic
8:00 p. Open Speaker 3rd Sat
8:00 p. HOW To Saturday

24 HOUR CLUB
153 Green Bay Rd.
Thiensville, WI
Web and Facebook Info
A.A. MEETING SCHEDULE
(V)=Virtual, (IP)=In-person, (V & IP)=Both
Sun. 8:00 a. Topic
10:00 a. Step/Topic (V & IP)Meeting ID: 851 8190 6265 PW: District24
Mon. 6:30 a. Topic (V & IP)Meeting ID: 851 8190 6265 PW: District24
10:00 a. Topic
8:00 p. Men's
Tue. 6:30 a. Topic(V & IP)Meeting ID: 851 8190 6265 PW: District24
10:00 a. Step/Topic
5:30 p. Big Book
Wed. 6:30 a. Topic(V & IP)Meeting ID: 851 8190 6265 PW: District24
10:00 a. Big Book
Thr. 6:30 a. Topic(V & IP)Meeting ID: 851 8190 6265 PW: District24
10:00 a. Topic
5:30 p. Step/Topic/Trad
Fri. 6:30 a. Topic(V & IP)Meeting ID: 851 8190 6265 PW: District24
10:00 a. Step/12 & 12
8:00 p. Step
Sat. 6:30 a. Topic(V & IP)Meeting ID: 851 8190 6265 PW: District24
8:30 a. Big Book /Steps(V & IP)Meeting ID: 844 4566 9750 PW: District24
10:00 a. Big Book
7:00 p. Open Speaker Mtng. (1st Saturday Only)

In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m**. Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m**. Gp 22, Milwaukee Chin Baptist Church, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net
www.facebook.com
AA MEETING SCHEDULE

Sun. 10:30 a.* Gratitude Gp.
7:00 p. Candlelight Gp.
Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's
Tue. 10:00 a. Tuesday A.M.
6:00 p. More About 12&12
7:30 p. Beginner's
Wed. 10:00 a. Promises
1:06p. Steps/Promises
5:00 p. Happy Hour Gp
Thr. 10:00 a. Big Book
Fri. 10:00 a. Step/Topic Gp
6:00 p. Big Book
Sat. 10:00 a. Here & Now
700 p. 12 Step Meeting

AL-ANON & ALATEEN MTNGS

Wednesday 1:00 p. Al-Anon
Friday 11:00 a. Al-Anon
Saturday 9:00 a. Al-Anon
(Zoom only:) Mtng ID: 810 5054 8668, Pass Code: 860539

- Open Mtng. 3rd Sunday of month

FRIENDSHIP CLUB
2245 W. Fond du Lac Ave
Milwaukee , WI
(414) 931-7033

Email:
friendshipinc@sbcglobal.net

AA MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday Open Meeting
Monday
10:30 a. Step Gp
Tuesday
7:00 p. Gp 43 Big Book
Saturday
10:30 a. Gp 112 Step
Call for information on other types f meetings.
Email:
friendshipinc@sbcglobal.net

TRI-COUNTY UNITY CLUB
110 S 2nd St. Watertown WI
www.tricountyunityclub.com
Sunday 11:00 a. Big Book Study
6:30 p. New Beginners
7:00 p. Spanish Nuevo Amanecer
Monday 10:00 a. Eye Opener Grp.
7:00 p. As Bill Sees It
Tuesday 7:00 p. Keep It Simple
7:00 p. Spanish Nuevo Amanecer
Wednesday 10:00 a. New Freedom
7:00 p. AA Grapevine Open Mtng
Thursday 10:00 a. Thur.Morning
7:00 p. Spanish Nuevo Amanecer
8:00 p. Big Book Group
Friday 4:30 p. Friday Happy Hour
7:00 p. Reality Check
Saturday 10:00 a. Morning Group
8:00 p. Saturday Night Open Mtng

BEAVER DAM ALANO CLUB
115 N Lincoln St.
Beaver Dam WI 53916
Sun: 10:30 a.m. & 7 p.m.
Mon: 8 a.m., 6 p.m. & 8 p.m.
Tue: 9:30 a.m. & 7:30 p.m.
Wed: 8 a.m. & 7 p.m.
Thur: 9:30 a.m. & 8 p.m.
Fri: 12 Noon & 6 p.m.
Sat : 12 Noon & **7 p.m. Open**

MILWAUKEE GROUP
933 E Center St, Milw WI 53212.
A.A. MEETINGS

Sun. 10:00 a In-person
8:30 p. In-Person
Mon. 5:30 p. In-Person
7:00 p. In-Person
8:30 p. In-Person
Tue. 7:00 p. In-Person
8:30 p. In-Person
Wed. 5:30 p. Zoom
https://zoom.us/j/8974697046 pw:0
7:00 p. In-Person
8:30 p. In-Person
Thur. 7:00 p. In-Person
8:30 p. In-Person
Fri. 7:00 p. In-Person
8:30 p. In-Person
Sat. 8:30 p. In-Person

Milwaukee Central Office
7429 W Greenfield
West Allis WI 414-771-9119
A.A. MEETINGS

Sun. 9:00 a. Gp 10 Sunday
Mon. 12:15 p.
Tue. 12:15 p.
Wed. 12:15 p.
Thur. 12:15 p.
Fri. 12:15 p.
Sat. 9:15 a. 1st Step
10:30 a.
We do not meet on major holidays.

LIGHTHOUSE ON DEWEY
1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday
6:00 p. Jim's First Step
7:30 p. Gp 78 Great Room
Monday
7:30 p. Laughs/Leisure
Tuesday
6:00 p. 11th Step Meditation
7:30 p. Professionals
Wednesday
7:30 p. Presidents Hall
8:00 p. "RES-IPSA"
Thursday
7:30 p. Alumni No 12
Friday 7:15 p. Gp 74
Saturday 10:00 a. Gp 59

All Saint's Cathedral
818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting
Mon: 7:30 p.m. #08 Sane & Sober
Tue: 10:30 a.m. Men's Gp.
Wed: 7:30 p.m. Men's Gp.
Fri: 7:30 p.m. Big Book Gp.
Sat: 10:30 a.m. Men's Gp.

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using VENMO or from our website, using Credit Card or PayPal.

$ _____ enclosed.

I will have ___ years on ___/___/___.

Name _____

Address _____

City _____ State _____ Zip _____

Phone: ( ) - _____

Email: _____

Home Group: _____



Years	Name	Home Group
44 (11/23/82)	Tom L.	Airport Group
40 (11/22/86)	Gordon M.	Brown Deer Monday
24 (Nov/2002)	Katherine H.	
14 (12/27/12)	Big Billy Bob J.	Group 59, Sat. Morn.
06 (12/21/23)	Stephanie K.	Group 59, Sat. Morn.



SAVE THE DATES!

2026 Holiday Alcathon

Helping others to maintain their sobriety and thrive throughout the Holidays

Meetings, fellowship, food and coffee.

Bayview United Methodist Church
2772 S Kinnickinnic Ave, Milwaukee, WI 53207
Please enter at Clement Avenue Door

December 24th Noon through December 25th 10PM

December 31st Noon through January 1st 10 PM

Reservations for time slots will open on November 10th at 10:00 AM.

Email Alcathon Co-Coordinator Jax
mkealcathon@gmail.com

Two hour time slots for Groups will be given on a first come, first served basis.

Please have a 1st, 2nd and 3rd preference for your group's time slot.

If all 3 of your preferred slots are already taken, we will contact you and offer the nearest time slot in the order requests are received.

Newsletter and more info to follow.